

Classic Cafe

daily from 11 a.m. to 1 p.m.
Classic rock favorites, starting Tuesday
Eifel 105 Drive new hours
Daily from 4-6 p.m.

News Briefs

Correction

In the article, "All-Access, Part three: Commander's calendar packed with DUI actions, SIM flight instruction," of the Feb. 20 edition of the Eifel Times Dutch air force Maj. Gen. Freek Meulman's duty title should have read "deputy commander" of Combined Air Operations Center 2.

Hometown news

People who have been recently promoted, reenlisted, received an award, retired or arrived to Spangdahlem AB should fill out a Hometown News Release. Forms are available at http://intranet/52FW/Agencies/PA/documents/dd2266.pdf. Fax completed forms to the 52nd Fighter Wing Public Affairs Office at 452-5254 for processing. Call public affairs at 452-6833 or visit http://hn.afnews.af.mil for more information.

Voting assistance

Wing members can call installation voting representatives for help with voting questions through the 2004 general election. Call Maj. William McAllister at 452-8298 or Master Sgt. Jeff Barr at 452-7410 for more information. Primary elections for U.S. general elections take place on the following dates in the states listed. March 2: California, primary (P) and state primary (S); Connecticut, P; Georgia P; Maryland, P and S; Massachusetts, P; New York, P; Ohio, P and S; Rhode Island, P; Vermont, P; March 9: Texas, P and S; Florida, P; Louisiana, P; Mississippi, P and S; March 16: Illinois, P and S; April 13: Texas, S; April 27: Pennsylvania, P and S.

IEE closed

The 52nd Logistics Readiness Squadron Individual Equipment Element is closed for inventory Monday through March 5. Call Staff Sgt. Jennifer James at 452-6836 for more information.

Clinics closed

52nd Medical Group clinics are closed Thursday for official training. People needing urgent care should go to the Bitburg Annex hospital emergency room.

BCAA Fun Night

The Black Cultural Awareness Association sponsors a an activity night in Club Eifel Saturday from 2-5 p.m. The event features a DJ, card games, dominoes, cultural displays. Fried chicken, and macaroni and cheese dinners are also available for \$3 donations.

'Bye' 'n 'Hi'

There's a psychology to deployments and all military families are affected by it.

Read "Web site helps prevent deployment cycles from throwing military families 'for a loop'," on Page 4



Tech. Sgt. David E

Eifel Times

Vol. 38, Issue 8 Spangdahlem Air Base, Germany

1st Lt. Gerardo Gonzalez

Feb. 27, 2004

The three tuners

Staff Sgt. Charles Martin, left, 52nd Equipment Maintenance Squadron phase dock chief, assists Airmen 1st Class Brad King, center, and Nathaniel Magnine, maintenance journeymen, as they look for foreign-object-damage on one of the wing's F-16 aircraft during a phase inspection. Just like vehicles, wing jets require regular tune-ups, oil changes and functional checks. A-10s undergo checklist inspections every 400 flying hours and F-16s after every 300. Phase docks rely on about 14 maintenance specialties for aircraft repairs.

Spang sports its star airmen at highlight awards banquet

Compiled from staff reports

At one of the Spangdahlem Air Base's most prestigious ceremonies of the year, 52nd Fighter Wing officials honored its annual award winners Feb. 20 in a "transformed" base gymnasium. Base volunteers worked their "magic" for days, changing the room's athletic interior to resemble a ballroom worthy of the wing's outstanding airmen.

By the end of the special night, base officials deemed 8 wing members as Team Eifel's best and 12 others as the best in special recognition categories.

Here's a look at the wing winners for 2003:

Senior Airman Shawn

Huggins, 52nd Communications Squadron Information Assurance Office, is the wing airman of the year. The wing information assurance manager, is lauded as being instrumental in prepping the wing for the 2003 U.S. Air Forces in Europe information assurance inspection. In addition to his outstanding efforts in COMPUSEC, he guided wing the wing through six global computer virus threats, which resulted in no network downtime or



Photos by 52nd CS photola Senior Airman Shawn Huggins

Airman Huggins is actively pursuing a Community College of the Air Force degree in information systems technology and is a distinguished graduate of the Pitsenbarger Airman Leadership School. Off duty, he serves as junior warden for a local Masonic lodge, is a Cub Scout den leader and student mentoring volunteer.

Tech. Sgt. Scott Armstrong, 752nd Munitions Support Squadron, Volkel Air Base, Netherlands, is the wing NCO of the year. The finance and resource management NCOIC is credited by his squadron commander for generating 100 per-

cent of 196 station-gaining transactions within one day of arrival, beating the USAFE 12 day standard. The NCO's superior budgeting knowledge helped him perform a detailed temporary duty cost analysis for the unit, which saves \$12,000 annually.

Sergeant Armstrong earned the NCO academy commandant's award and distinguished graduate honors. Off duty, he serves as the Volkel AB Top 4 council vice president and is a



Tech. Sgt. Scott Armstrong

designated driver for the Volkel AB anti-DUI program.

Master Sgt. Tracey Rickey, 52nd Mission Support Squadron, is the wing senior NCO of the year. The family readiness NCO is credited by her squadron commander for processing 2,400 wing members for Operations Enduring and Iraqi Freedom. The NCO briefed 950 wing members and counseled 425 spouses on deployment expectations, easing family concerns. Additionally, the sergeant served as liaison for a

short-notice evacuation, which housed 65 families from Incirlik Air Base, Turkey, in 12 hours.

Sergeant Rickey earned her master's degree in human relations, maintaining a 4.0 gradepoint average. She also served as interim first sergeant for 90 days. Off duty, she is the 52nd FW Top 3 vice president, organizes activities for junior-ranking airmen and volunteers for Airmen Against Drunk Driving.



Master Sgt. Tracey Rickey

Eifel Times Feb. 27, 2004

Awards

Continued from Page 1

Master Sgt. Thomas Wilson, 52nd Component Maintenance Squadron, is the wing first sergeant of the year. As such, he provided a vital enlisted link between 52nd CMS senior leaders and 278 unit members who served without a first sergeant for five months. The master sergeant proved his outstanding job skills and assisted in the rehabilitation of 33 squadron airmen, who are now focused and

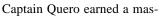


mission ready. Additionally, the sergeant managed 12 formal discipline actions, four Articles 15, one separation and two courts-martials without error.

Off duty, he chaired the 52nd FW Annual Awards banquet. is the Spangdahlem Middle School Parents, Teachers and Students Association president.

Capt. Eduardo Quero, 52nd Logistics Readiness

Squadron, is the wing companygrade officer of the year. The vehicle management flight commander controlled \$193,000 of assets stored in six wing facilities. During 2003, he sustained a 98 percent inventory accuracy rate. He also processed about 404 tons of cargo, 1,000 cargo shipments each month without error, and oversaw the deployment of 25 flight members and 3,500 tons of cargo in support of OIF.

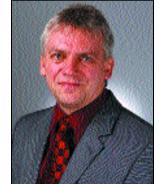




Capt. Eduardo Quero

ter's degree in international relations and enhanced local work relations by completing a German language course. Off duty, he plays on the Motsch soccer team and coached base youth

Franz-Josef Steffes, 52nd Civil Engineer Squadron, is the wing senior-level civilian of the year. The environmental flight chief is praised for leading his flight in winning the 2003 General Thomas D. White Environmental Quality Award. He also executed a \$2.5 million program budget and ensured 39 Rhein-Main Transition Program assessments were completed ahead of schedule.



Franz-Josef Steffes

Colleen Maldonado

Off duty, Mr. Steffes coaches youth soccer and is the Trier carnival association secretary.

Colleen Maldonado, 52nd Communications Squadron, is the wing mid-level civilian of the year. The computer assistant is praised by her squadron commander for expertly filling in at the computer systems help desk for deployed squadron members. As such, she corrected 600 work requests and supported more than 5,500 base network accounts.

Ms. Maldonado is an active member of the Eifel Toastmasters. Off duty, she volunteered 40 hours serving as a unit tax advisor.

Pamela Salvio. 52nd Medical Operations Squadron, is the wing junior-level civilian of the year. The secretary is credited for managing the workload of two secretaries in her service for the squadron's chief nurse executive and chief of medical staff. In 2003, she processed more than 200 performance reports, decorations and award packages. She also dispatched more than 100 overseas clearances.

Ms. Salvio is pursuing an associate's degree in accounting. Off duty, she volunteers as a unit key spouse and coached the group's women's softball teams.



Pamela Salvio

Other wing members honored for at the award ceremony:

- Capt. Darren Gray, 22nd Fighter Squadron, instructor pilot.
- Capt. Christopher Forrest, 81st FS, flight lead of the year.
- Capt. Matthew Renbarger, 23rd FS, wingman of the year.
- Lt. Col. Gregory Hoffman, 52nd Maintenance Group, Lance P. Sijan award, senior-officer level.
- 1st Lt. Morgan Evans, 52nd MXG, Lance P. Sijan award, junior-officer level.
- Senior Master Sgt. Jeffrey Mertzlufft, 52nd Civil Engineer Squadron, Lance P. Sijan award, senior-enlisted level.
- Tech Sgt. Scott Stewart, 52nd Mission Support Squadron, Lance P. Sijan award, junior-enlisted level.
- Airman 1st Class Avery Dolinger, 52nd CES, honor guard member of the year.
 - Kennetha Clem, American Red Cross volunteer of the year.
 - Jennifer Beauchamp, base volunteer of the year.
- Senior Airman Paul Rudolph, 52nd Aircraft Maintenance Squadron, foreign-object damage fighter of the year.
- Tech. Sgt. Richard Vorbeck, 52nd Equipment Maintenance Squadron, resource advisor of the year.

Combat SMART: Safety's new driving force

Program encourages wing members to ask 'is this the safest way' before task follow-through

By Maj. Lee Spechler 52nd Fighter Wing Safety Office

The latest U.S. Air Forces in Europe Combat and Special Interest Program is Combat SMART (Smartly Managing Awareness, Risk and Threats). The 52nd

Base and the surrounding area.

to accomplish the mission.

Combat SMART provides additional tools for personnel to seek and eliminate these threats before they cause a mishap. It seems as though there are never enough people or resources that we would like to have in order

Fighter Wing Combat SMART program is

designed to proactively assess, and then mitigate, threats to safety at Spangdahlem Air

It is in everyone's best interest to take a moment, take a step back and evaluate the way we do business. We should continuously strive to improve the way we conduct our operations. Before beginning a task, ask yourself, "Is this the best or safest way to accomplish this task?" Use the ORM process to "Smartly Manage Awareness, Risk and Threats."

Fire inside

The Combat SMART program highlights a different focus area each month. This month's focus area is fire safety. Major command has suffered two major facility fires so far this fiscal year, resulting in the total loss of those

Spangdahlem AB has been fortunate enough not to suffer this fate. Educating the public on fire safety continues to the be the No. 1 focus for the base fire department. For example, Spangdahlem AB hit a high of 20 unattended cooking fires in 1999. This was reduced to 10 annually from 2000-2002. This



A wing airman approaches a water hazard during a braking technique exercise in the ADAC driving course. The course provides students controlled hands-on training in handling vehicles during skids in water, ice and sharp turns.

past year, there were only three fires of this type in our base housing and dormitory units. Spangdahlem AB averaged more than 20 cooking-related fires each year from 1999 to 2002. This past year, there were only three fires of this type.

The base fire department has been heavily engaged with families in base housing and airmen in the dormitories. Firemen visit all new occupants within 30 days after they move in to provide fire safety briefings, which include information on in-house smoke detectors and fire extinguishers. They provide this training any day or time that is convenient to the family, ensuring no one is left out.

Drive SMARTly

Although not this month's focus, driving safety should always be fresh in the minds of all Team Eifel members. Annually, wing families are involved in hundreds of vehicle mishaps on and off duty.

One initiative in the Combat SMART arsenal is the ADAC driving course. Wing instructors teach the course at the ADAC facility in Koblenz, Germany, where students learn to SMARTly drive their personal vehicles. In addition to hazard avoidance, a series of challenging road scenarios deliberately place the students out of control. Instructors then provide techniques for regaining control.

This training provides an invaluable opportunity to prepare our personnel for driving in Germany and throughout central Europe. The course is taught every Thursday. All wing members are encouraged to volunteer for the course through their unit ground safety man-

Outside the box

Another driving related initiative is the POV Toolbox. This initiative is a risk management tool for members at all levels to assess and mitigate the risks associated with off-base driving. The toolbox includes a mix of checklists and tools, including vehicle mishap reporting, driver safety training, vehicle inspections and off-duty driving risk manage-

Team Eifel members should check the POV Toolbox before driving out for that long holiday weekend. It is located on 52nd FW Outlook Public Folders at All Public Folders/Spangdahlem/52 Fighter Wing/52 FW SE Safety/Ground Safety/POV Toolbox.

Although safety is a unit commander's program, we are all responsible for safety in our individual work centers. Commanders cannot be there in every office, observing every task. They do not live with us at home. They do not drive with each of us every day as we proceed to and from work or play. They are not there with us to evaluate every task we accomplish.

It is up to each of us to be SMART in the conduct of our everyday business. Each and every one of you is our nation's most valuable resource and it is up to you to preserve that resource.



Airman 1st Class Karolina Gmyrek

Staff Sgt. Carolyn Grant, 52nd Maintenance Operations Squadron wing time compliance technical order monitor, is this week's Top Saber Performer.

Top Saber Performer

Name: Staff Sgt. Carolyn Grant Unit: 52nd Maintenance Operations Squadron

Duty title: Wing time compliance technical order monitor

Hometown: St. James, Jamaica

Years in service: Nine

Nominee's contribution to 52nd Fighter Wing mission success: Sergeant Grant monitors, controls, and coordinates the 52nd Fighter Wing Time Compliance Technical Order program, consisting of more than 230 aircraft and commodity TCTOs. She also balances two separate TCTO supply accounts totaling more than \$800,000. Sergeant Grant's superior management of the program led to the acquisition and extension to the grounding date on TCTO 1F-16-2162 for the Main Landing Gear Drag Brace Assembly preventing four F-16CJ aircraft from grounding while deployed to Hill AFB, Utah for the common configuration implementation program modification.

Off-duty volunteerism and professional development pursuits: Spangdahlem Elementary School Field Day and book fair volunteer. Pursuing a degree in child psychology.

What do you do for fun? Rock climbing, hiking, traveling, listening to music What do you like about being stationed here? Experiencing new cultures What one thing would you like to see changed or improved at Spangdahlem Air Base? I would like to see an exercise facility that included an indoor track and indoor swimming pool. With the new fitness standards it would sure help us stay fit to fight.

Spang thanks its Hidden Heroes

Wing volunteers recognized for community contributions

Compiled from staff records

Wing leaders recognized the following Team Eifel members in early February for outstanding community service. The Hidden Hero Volunteer Recognition Program rewards individuals who consistently help improve quality of life and ensure mission readiness for the 52nd Fighter Wing through selfless volunteerism.

- Capt. Justin White took it upon himself while off-duty to assist an Italian officer to obtain NATO privileges. The junior officer also drove to Ramstein Air Base, Germany, to assist the Italian officer with other personal issues that were encountered in the process.
- Senior Master Sgt. Steven Burns, Tech. Sgts. Ted Kummet and Jeffrey Casper, Staff Sgts. Joe Whitaker and Paul Blinkinsop, Senior Airmen Alejandro Esparza and Matthew Luedtke, Airmen 1st Class Jeff Jackson, Kristen Grove and Andrew Auld, and Airman Elan Aqua went above-andbeyond in providing the behind the scenes work that helped make the 2003 Fall Bazaar a success. They donated numerous



after- and before-duty hours to ensure the proper completion of equipment set-up and tear-down.

- Deborah Plumley served 57.5 hours as a volunteer in December. The military spouse headed-up the Mother's of Multiples support group, provided outreach to Wittlich Nursing home, educated students of Badem Kinderschule on U.S. holiday traditions, served as a unit key spouse, and coordinated medical group holiday activities for active-duty and family members.
- **Dr. Thomas McCurdy** is a professional obstetrician and gynecologist who assists wing staff in performing deliveries and numerous surgeries.

Team Eifel members who know a Hidden Hero who deserves recognition should call their squadron volunteer program monitor. For more information about wing volunteerism or the Hidden Heroes volunteer program, call Kelly Childs, 52nd Fighter Wing Volunteer Resource Program manager, at 452-9491 or e-mail laureen. childs@spangdahlem.af.mil.

Eifel Salutes

52nd Medical Group

He didn't miss a beat ... Maj. Robert Shull expertly managed the squadron as the interim commander. We've secured a salute for Tech. Sgt. Evelyn Serafica, who overcame numerous obstacles managing the med group's security program. 'Tis a pity not to salute Airman 1st Class Samuel Ortiz, whose ready smile and willingness to help co-workers brighten the workplace. Heeeeere's Donna! Master Sgt. **Donna Walle** wrote the script and emceed the annual 52nd Medical Group awards luncheon. The tooth fairy would be proud of **Senior** Airman Amy Montgomery, a dental squadron troop who personifies the true team player. Here's the 411 ... 1st Lt. Shaundra Williams provided outstanding information systems support to the family practice clinic. Smells like a salute for the **52nd Medical Support Squadron nutritional medicine team**, who proudly holds the in-house "Skunkworks" trophy for outstanding work during the last quarter of 2003.

52nd Mission Support Group

Move over, Jim Carrey. Cable guy **Dale Werkman** identified and repaired a television cable-programming problem in minutes -- con-

tracted cable techs couldn't have done it in such a timely manner. It's "Curtins" for 1st Lt. Lisa Mabbutt, who orchestrated a flawless three-day showcase of the 52nd Civil Engineer Squadron to garner the Maj. Gen. Robert H. Curtin award for the best CES in the Air Force. Ice, ice baby ... Tech. Sgt. Bill Black, Staff Sgt. Kevin Hacker and Staff Sgt. Brian Whelan deiced the fitness center track by hand in less than an hour to enable 20 unit members to complete the physical fitness test. HAZmasters are Capt. Dennis O'Sullivan, Senior Airman Matthew Dodge and Airman 1st **Class Jason Sundin** who briefed German emergency responders on hazardous materials, improving interoperability with the host nation. Table "tops" is **Tech. Sgt. Mike Cass**, who narrated a challenging "broken arrow" exercise that pushed the DCG to new depths in table top exercises. Aces for Airman 1st Class **Jesse Pulsifer**, who was the first U.S. Air Forces in Europe base point of contact with the required personnel database to convert to the superior Automated Civil Engineer System.

Kudos to all; Team Eifel salutes you! (Compiled by Airman 1st Class Amaani Lyle, 52nd Fighter Wing Public Affairs Office)



Airman 1st Class Karolina Gmyre

Members of the 52nd Maintenance Operations Squadron Plans, Scheduling and Documentation Section make up this week's Top Saber Team.

Top Saber Team

Unit name: 52nd Maintenance Operations Squadron Plans, Scheduling and Documentation Section

Unit responsibilities: The section manages the daily, weekly, monthly and long-range aircraft maintenance and utilization capability, canvassing three fighter squadrons, totaling 68 aircraft valued at \$2.5 billion.

Number of members: Six

How does the team fit into the 52nd Fighter Wing's mission? The section manages more than 25,000 hours in the wing's flying hour program with a budget of in excess of \$60.5 million. It advises the operations and maintenance group commanders of maintenance capabilities while deconflicting the weekly and daily work schedule that affects the wing's 2,100 maintenance personnel. The team provides leadership, management and training for 18 decentralized scheduling personnel encompassing 52nd Aircraft Maintenance Squadron, 52nd Equipment Maintenance Squadron and 52nd Component Maintenance Squadron scheduling functions. It also ensures execution of wing policy by implementing local operating instructions for aircraft utilization accounting, aircraft configuration management and aircraft generation planning. Section members perform the wing aerospace vehicle distribution officer duties, and administer the generic configuration status account subsystem program for more than 8,970 distinctly tracked items. It also manages the Time Compliance Technical Order and Time-Change Item programs for all assigned aircraft and special equipment. All of these actions allow the maintainers to focus on hands-on maintenance while ensuring comprehensive documentation is complete and accurate.

Team's other contributions throughout the year: The section was the catalyst behind the 52nd FW and U.S. Air Forces in Europe's No. 1 priority, the most extensive avionics F-16CJ modification ever done. Section members coordinated with Hill AFB, Utah depot to schedule and execute the overseas to stateside rotation of 46 aircraft for inductions into a 142-day per aircraft modification. They planned and created an extensive step-by-step acceptance and transfer package to ensure aircraft were fully mission capable to perform all missions. The team was the first in USAFE to build the software tables and initialization of the Maintenance Scheduling Application Tool. Their initiative brought laudatory comments from the HQ USAFE scheduling functional manager.

Web site helps prevent deployment cycles from throwing military families 'for a loop'

Story and photo by Airman 1st Class Amaani F. Lyle 52nd Fighter Wing Public Affairs Office

About 300 members of the 52nd Fighter Wing are ready to head-out for Aerospace Expeditionary Force buckets 1-2, which means facing the inevitable ups and downs of lengthy family separations. Preparing for such deployments is common to today's military life and the changes in lifestyle at home can give the military family a barrage of financial, legal and family separation issues to overcome. But what of the psychological challenges wing members and their families face?

According to Lifelines Services Network, a Web site designed to provide information related to military matters, active-duty and family members alike can combat stress and adeptly cope with separation, if they learn to recognize the psychology involved.

Generally, there are seven identifiable stages that many family members endure in three phases. The first phase is predeployment.

Anticipation of loss

Tensions rise and tempers flare as active-duty members work late at the unit. Moodiness and depression typically only makes matters worse because is causes friction between family members.

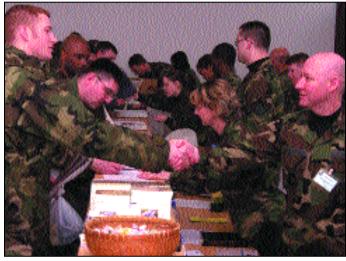
Detachment and withdrawal

Feelings begin to peak just before deployment and despite all there is to do, family members can find neither the time nor energy to complete even the smallest of tasks.

The second phase takes place during the deployment.

Emotional disorganization

After the active-duty spouses have deployed and tears have been shed, spouses back at home station comes to the realization that the house is all theirs. They can stay up late, dominate



Chaplain (Capt.) Michael Shannon, right, shakes hands with an airman in the personnel deployment function line Feb. 13. The airman was among 150 troops at the PDF line who were briefed, immunized and security cleared for their upcoming deployments in early March.

the remote control and even with the kids around, feel like they're the king or queen of the castle.

Recovery and stabilization

The active-duty members and spouses have remained in touch by way of phone calls and e-mail, which are inspiring. Spouses can fix broken appliances and manage the finances. Spouses realize their independence and abilities.

Anticipation of homecoming

Excitement brews a few weeks before the deployment comes to an end. Though home-stationed spouses are happy about their spouses' return, they wonder what changes will occur in their marriages and newfound independence.

The third phase is post-deployment.

Renegotiation of the marriage contract

Once military spouses returned home, reality sets in. Changes need to be made to the lifestyle family members have become accustomed to -- and that's not easy. The loss of independence feels stifling at first, but the feeling will pass in time, with spousal communication and readjustments. Loving intimacy returns and military families find a way to work together as a team again.

Reintegration and stabilization

Families breathe a sigh of relief as stability returns. The first couple of months of post-deployment have given members the time to hammer out the details. It's reassuring to the home spouse to know he or she is no longer alone in caring for household responsibilities. It feels like just yesterday both spouses were in each others arms saying goodbye to one another.

Deployments may be on the horizon for many wing members, but Team Eifel families don't have to battle the stressors that come with long-term separation alone. By keeping in mind that deployment psychology works in stages, active-duty members, spouses and children can better understand the challenges they're meeting head-on together.

For more information on deployment psychology, visit the Lifelines Web site at www.lifelines.navy.mil. The site also provides information children and deployment, stress management and more. The family support center at 452-9491, family advocacy at 452-8279, 52nd FW Chaplain Service at 452-6711 and the personal finance advisor's office at 452-6422 can also provide deployed family assistance.

Illegal trash disposal can come at high cost to Spangdahlem AB

By Franz Steffes

52nd Civil Engineer Squadron Environmental Flight

Combat Proud is an initiative that goes beyond facilities it includes dumpster areas. Illegal trash disposal is an issue that is not talked about much, but is just as important for Combat Proud.

The removal service contractor has the right to notify host nation authorities, which in turn could inspect these areas. They can then submit a notice of violation for Spangdahlem Air Base that would result in an open enforcement action.

All Team Eifel members are responsible to sort and dispose of trash in the correct containers, whether it is at a dumpster area or taken to the Spangdahlem AB or Bitburg Annex Base Recycling Centers. Household hazardous waste, such as cleaners and solvents, must be disposed of at the BRC. Paper products including cardboard boxes and shredded paper must be broken down and placed in the proper bins. If room is not available, boxes may be taken to the BRCs.

Aircraft parts, such as windshields or other items should be turn into DRMO. Items not accepted by DRMO, should be disposed of at the BRCs.

Also, trash removal contractors will not empty dumpsters they cannot easily access due to overflowing bags of trash or recycleables. This presents an even bigger waste problem that has be corrected by individuals who take time away from other workplace to clean their building's dumpster area. All housing members should help maintain clean, organized dumpster areas by disposing of materials correctly.

For more information on recycling and household hazardous waste disposal, call the environmental flight at 452-7257.



Moving barriers Staff Sgt. David Reyes prepares to ship a section of the Berlin Wall to Ramstein Air Base, Germany, where it will be displayed. Sergeant Reyes is a vehicle operator with the 435th Logistics Readiness Squadron at Ramstein. The Berlin Wall was constructed in August 1961 to separate communist controlled East Berlin from the democratic West. It was torn down in November 1989 under a weakening communist government. Master Sgt. John E. Lasky

Subsidy makes quality child care affordable

An initiative in Air Force Family Child Care programs, the FCC Subsidy Program, assists working parents to find quality, affordable childcare in FCC homes by sharing the cost of their childcare fees.

Parents pay fees according to their total family income. This is the same method fees are collected at the base child development center.

The program opened to Spangdahlem Air Base assisgned parents of children ages 2 and under in December. It has since been extended for children of all ages, needing care 35-50 hours weekly.

The FCC Subsidy Program improves

the quality of care in Air Force FCC homes and increases the number of experienced providers. Providers are now rewarded for providing a high quality service to families.

"Parents with children on the CDC waiting lists will now pay their FCC providers the same fee they would pay if enrolled at the CDC," said David Quinn, USAFE Community Activities Branch chief. "This program will make FCC more affordable for our airmen and reduce our waiting lists at the CDCs; a win-win situation for all."

Registration is required for the subsidy program. Parents must complete a Department of Defense Form 2652,

Application for DoD Child Care Fees, and provide documentation of the most recent Leave and Earnings Statement or civilian equivalent for all employment of both parents to establish fees in one of six income categories.

Call the family child care office at 452-9022 or visit the office in Bitburg Annex building 2007 for more information. Spangdahlem AB currently has six qualified FCC subsidy providers.

The USAFE point of contact is Cassandra Franklin at Cassandra.Frank lin@sembach.af.mil or Dr. Kimberly Moore at Kimberly.Moore@sembach. af.mil or DSN 496-7948. (USAFE News Service)



Community Mailbox

Submit "Community Mailbox" advertisements 10 days before the desired publication date to publicity@spangdahlem.af.mil.



Lenten services

Lent is when Christians prepare themselves spiritually for Easter. Stations of the Cross take place each Friday through April 2 at 5:30 p.m. at the Bitburg Chapel and each Wednesday through March 31 at 5 p.m. at the Spangdahlem AB Chapel. Soup and bread dinners follow the services. Call the chapel office at 452-6711 for more information.

LRS spouses

The 52nd Logistics Readiness Squadron Spouses Group meets Thursday at 6:30 p.m. in the Bitburg Annex Family Support Center, building 2001. Childcare is provided. Call Angelina Torres at 06565-955840 for more information.

Bible study

The 52nd Fighter Wing Chaplain Service sponsors a 12-step Bible study seminar for spiritual growth and recovery. The 13-week course for adults and teens takes place each Thursday from 7-8 p.m. in the Bitburg Annex Chapel. A small reception follows. Call Nikki Stansel at 06561-947721 or 452-6711 for more information.

Post office hours

The Spangdahlem AB Post Office has revised its hours. Weekday service hours are: Finance window, 10 a.m. to 5 p.m.; parcel pick-up, 9 a.m. to 6 p.m.; customer service, 10 a.m. to 5 p.m. Saturday hours: Finance, 10 a.m. to 2 p.m.; parcel pick-up, 10 a.m. to 2 p.m. customer service, closed. Call 452-7182 for more information.

Bitburg Annex Post Office Monday services hours are: Finance, 9 a.m. to 4 p.m.; parcel pick-up and customer service, 9 a.m. to 6 p.m. Tuesday-Friday hours: Finance, 9 a.m. to 5 p.m.; parcel pick-up and customer service, 9 a.m. to 5 p.m. Saturday hours: Finance, closed; parcel pick-up and customer service, 10 a.m. to 2 p.m. Call 452-9406 for more information.

Child find

Spangdahlem Elementary School conducts Child Find screenings March 5 for

ages 3-4 who have suspected developmental delays in language, social, motor, cognitive or self-help skills. Screenings are for children whose parents reside on Spangdahlem AB or are with the Spangdahlem AB feeder plan. Call 452-6881 for appointments or more information.

Dinner theater

Cocktails, dinner and a '40s swing dance and music show takes place March 12-13 and 19-20, starting at 5 p.m. in the Spangdahlem AB Community Activity Center. Cost is \$20 per person. Purchase tickets at the CAC.

Pinewood derby

The Boy Scout Pinewood Derby takes place March 13 from 10 a.m. to 1 p.m. in the Bitburg Annex Base Exchange parking lot. 52nd Security Forces Squadron members judge the races. Refreshments are available for purchase as the Pack 161 fundraiser.

Sketchers meeting

The European Artist Association meets Monday from noon to 1:30 p.m. in the Eifel Bowling Lanes parking lot. Attendees should bring their sketch pads and art pencils. E-mail ksueart12@hotmail.com for more information.

Boy Scouts outdoors

The Boy Scouts Outdoor Leader Skills course takes place March 19-21 at Chievres Air Base, Belgium. Registration opens March 19 at 6 p.m. Training begins March 19 at 7 p.m. and ends March 21 at 1 p.m. Cost is \$30. Call John Scott at 31-0-235-256-641 or e-mail JandM.Scott@12Move.nl or Bob Schmidt at DSN 368-9730 or e-mail charlemagne_de@yahoo.com for more information.

Volunteer needed

• The 52nd Aerospace Medicine Flight seeks an American Red Cross Hidden Hero volunteer to provide flight medicine administrative support. Duties include front-desk check-in clerk, transfering records between clinics and filing medical records. Call Staff Sgt. Nicole Gisel at 452-8393 for more information.

• The 52nd Medical Group seeks about 10 Hidden Hero volunteers to assist in the Spangdahlem AB and Bitburg Annex medical clinics. No experience is needed. Call Terrie Perino, American Red Cross Office, at 452-9440 for more information.

School news

Spangdahlem Middle School

- "Read Across America" takes place Monday through March 5. Officials seek Hidden Hero volunteers to read to the students during school hours. Call Jeanie McNamara at 452-7270 for more information or to register.
- Ms. Elizabeth Childs, SMS principal, invites all parents to Principal's Chat March 31 at 11 a.m. in Club Eifel.

Coffee break

The Java Joint is open 7 a.m. to 2 p.m. weekdays in Bitburg Annex building 2012. Punch cards offer savings on the 11th cup of coffee. The cafe also offers birthday party packages at the Play House, a facility for indoor preschool play. It's open Monday-Friday from 10 a.m. to 2:30 p.m. in building 2012. Call 452-9555 for details.

VAT office moved

The Value-Added Tax Office is now located in Spangdahlem AB building 124. It's open Monday-Friday from 7:30 a.m. to 5 p.m. VAT forms are also available at base lodging 24-hours daily.

University of Phoenix

The University of Phoenix offers master's of business administration and master's of arts in education degrees. Online programs begin every two weeks and registration is ongoing. Ground classes are coming online for April. Call Jessica Simpson at 452-7556 for details.

Airmen appreciation

The 52nd Services Squadron Airmen Appreciation Meal features steak and lobster tonight 6-7:30 p.m. in the Mosel Halle Dining Facility. Call Master Sgt. Cheryl Dugan at 452-6727 for details.

Club Eifel Happenings

The following events take place at Club Eifel. Call 452-6090 for more information.

Customer's choice

□ Lunch buffets are available from 11 a.m. to 1 p.m. Cost is \$5.95 for members and \$7.95 for non-members. Buffet themes are: Monday, country; Tuesday, Mexican; Wednesday, Italian; Thursday, soups, salads and omelets; and Friday, seafood.

Today

☐ Stripes Lounge: Malibu Madness from 5 p.m. to 1 a.m. Drink specials and free buffet for members from 5-7 p.m. Freaky DJ plays variety hits from 9 p.m. to 1 a.m.

Expeditionary Cockpit
Lounge: 52nd Fighter Wing
Commander's Social starts
at 5 p.m. Be there in person for the weekly club
member card drawing. Club
members must be present to win big
money if their name is called. Unclaimed
prizes carry over to the following week.
Names are announced in the ballroom,

Stripes Lounge and ECL.

Sunday

□ Breakfast Buffet in the ballroom from 10:30 a.m. to 1:30 p.m. Menu includes eggs, bacon, sausage, hash browns, biscuits and gravy, fruit, yogurt, juice, coffee, tea and more. Cost is \$7.95 for adult members, \$4 for ages 6-12. Cost is \$10.95 for adult non-members, \$5.50 children.

Monday

☐ Family Bingo in the ballroom starting at 5:30 p.m. Activity features free food before games start and at halftime. Early bird bingo starts at 6:30 p.m. and regular bingo starts at 7 p.m. Win up to \$3,000!

Thursday

☐ Stripes Lounge: Thirsty Thursday features \$1 Bitburger Stubbies from 6-8 p.m. Sing your favorite tunes at karaoke from 9 p.m. to 1 a.m.

If you're drinking, don't drive. Have a designated driver or call a taxi.







Der Markt

Free classifieds policy and submission deadlines

Der Markt is for the personal resale of items by military and civilian employees and their families. Items such as advertisements for rental property won't be published due to funded paper restraints. Ads should be 35 words or less and customers are limited to no more than two ads per week. Ads must be typed or printed legibly and turned into the public affairs office, building 23, at least 10 days before the desired date of publication. Ads can also be e-mailed to publicity@spangdahlem.af.mil or sent via fax to 452-5254. Having ads in by deadline does not guarantee publication. Ads for services generating regular income will not be published. The ads must include the sponsor's name and telephone number. Ads not meeting these requirements, including those exceeding the designated word limits, will not be printed. The Eifel Times staff reserves the right to edit ads.

AADD seeks help

The anti-DUI organization seeks people to to drive and operate the dispatch office on weekends and holidays. To volunteer, e-mail full name, town and home phone number to aadd@spangdahlem.af.mil.



Eifel Times

www.spangdahlem.af.mil

Spangdahlem Air Base, Germany

Editorial Staff

Col. Stephen Mueller. ..Commander Maj. Melinda Morgan.. ..Public Affairs chief 1st Lt. Gerardo Gonzalez... ...PA deputy Master Sgt. Sean E. Cobb.....PA superintenden 2nd Lt. Shannon Collins.. ..Internal chief Staff Sgt. Jennifer Lindsey Airman 1st Class Amaani Lyle....Assistant editor Senior Airman Lindsay Fox...Technical assistant

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Editorial content is edited, prepared, and provided by the 52nd Fighter Wing Public Affairs Office staff. All photographs are U.S. Air Force photographs unless otherwise indicated.



Col. Stephen Mueller

Accessing Direct Line

The Direct Line program is a way to get answers to questions you still have after using your chain of command.

Direct Lines of general interest will be published in the Eifel Times and may be edited or paraphrased for brevity or clarity. Submit your Direct Line via:

- ■DirectLine@spangdahlem.
- ■Mailed to 52nd FW/PA, Unit 3680 Box 220, APO AE
 - ■To PA in building 23.
- ■Concerns may also be sent via fax to 452-5254.

Anonymous inputs are cepted. To receive a persona response you must include your name and phone number. Call the Eifel Times at 452-5244 for more information.

February Sortie Scoreboard

Aircraft Goal Flown Delta 377 262 291 241 A-10 +34 *Delta is contract vs. sorties flown to date.

Through Feb. 20

Courtesy of the 52nd Operations Support Squadron Plans and Scheduling Section

Viewpoint

Feb. 27, 2004 Page 6

Work it out

Renewed popularity of fitness centers forces some to find new 'quiet places'

Dear General Jumper,

You just couldn't leave well enough alone! You had to do it! I want you to know that you've really cramped my style with your new fitness program.

I used to enjoy going to the gym knowing that I had it virtually to myself. It was my break away from the salt mines. I looked forward to the unlimited access to world class equipment. I learned long ago that it was one of the best kept secrets and in my opinion, the single greatest perk for all military members and their dependents.

Anyone who has paid fees to commercial fitness centers knows what an incredible savings our gyms ... err ... fitness centers are. Until now, because now I'm having to share all this with a horde of newcomers. Bunch of rookies, all dressed up in fancy workout suits and new shiny sneakers trying out all sorts of equipment and ruining my peace and quiet and unlimited access.

And they are laughing, and playing and having fun, working out in groups, even at 0530 in the morning! That was my time! It was perfect! I'd go in, fly through my routine free of all the pressures and commotion, come back, rested, relaxed. Get showered, then off to the salt mine for a long, hard day. Seems like more and more of these rookies have found out that if you go early in the morning, nothing can get in the way of you missing your workout. They can't use the excuse that "something came up." They've truly found the No. 1 foolproof way for not only for getting in shape, but also for feeling better about themselves.

Overnight I see our fitness center turning into a Club Med of sorts with every inch of it used up for personal and team activities. Seems like that's become a major part of their day and it's clear most, if not all of them truly seem to like it.

And they don't go away, they keep coming back and back, I see them every day. Seems like all they talk about is their "score" and when their shop or section works out. Sure, there's a little griping about the waist measurement part, but clearly, everyone knows where they stand. "In" are watching what they eat, "out" are the supersized portions at fast food restaurants! And they run, and run, and walk and more running to score the big points. "In" are people reading magazines about fitness, knowledgeable about how to trim their mile and a half. "Out" are people complaining about the cycle.

Everyone's comparing their scores this week to where it was last week or last month. Lots of noise and talking, gone is my peace and quiet! Overnight I see our fitness center turning into a Club Med of sorts with every inch of it used up for personal and team activities. Seems like that's become a major part of their day and it's clear

most, if not all of them truly seem to like it.

Just last week I heard a couple of them talking how planning their workouts actually helped them find more time in their day to do other stuff. And many of them are now finding ways to go more than once a day, do you believe that?

All is not bad with this focus on fitness. Because of your emphasis, we all are spending more time at the gym, encouraging our folks, preaching the benefits of working out, etc. So I too am able to skate out of the paper pushing business and go to they gym virtually at any time of the day, without fear of reprisal.

In the past, I had to be careful and squeeze it in at "0-dark-thirty" or rush through a lunch break. But now, hey, it's accepted to be there at any time, so for that I have to say I like this new program. And when my boss sees me going to the gym, instead of him thinking I'm screwing off again, I'm actually getting bonus points.

Okay, okay, I see your point. While I still hope you feel a little bad that you ruined my peace and tranquility at the fitness center, I do see the benefits it has given all of us. Guess that's why you're a general and I'm just a lieutenant colonel. Now, if only we had a bigger fitness center. Did I mention we used to have a funded program in 2004? Anything you could do to get that funded?

Respectfully,

Lt. Col. Kurt Kaisler

52nd Civil Engineer Squadron commander

Direct Lines

SMART program revamping

uestion: I was wondering the need of having the SMART program the way it is. We no longer get dental care; we no longer do our fit test; we don't get to see our primary care doctor, but we can make another appointment to see them if anything on the questionnaire dictates it. So, we are left with shot record review, lab work, the questionnaire, pulse and temperature with a medical technician. All this is usually done in less than two hours for the large group that is in there that day.

My recommendation is that instead of doing all this at 7 a.m. for everyone, set up a second SMART program at 3 p.m. each Tuesday and Thursday for those of us who work the night shift. The way it is now really hits us hard particularly during night flying operations. Doing this would better serve the flying schedule by keeping people on the sleeping and eating patterns they are use to and we don't lose two days of work due to the SMART appointment.

nswer: Thank you for your inquiry into our Spangdahlem Medical Annual Readiness Testing (SMART) program.

The original intent behind this program was to streamline all medical readiness appointments for our active duty personnel, ensuring Team Eifel members are 100 percent ready for any deployment. This has proven very convenient for the work centers as well because all "readiness" type appointments are and were scheduled on the same day, taking the individual out of the work section for one full day versus several hours on various days! Our SMART office continuously works with all the units Unit Health Monitors (UHM) who actually schedule your appointments.

As you know, as of Jan. 1, the new fitness program went into effect. This negated one of the appointments in our SMART process. In addition, during the beginning of January we have had some changes in the dental requirements. The changed requirements offered an opportunity to improve the system and our medical group is evaluating options for optimizing the program to include flexibility for shift workers. We will have a new process for the SMART Program in effect by April 30 with more flexible scheduling.

Again thanks for your concerns and comments. You will be seeing changes in the SMART process in the near future.

Visitor passes

uestion: I would like to know why the 52nd Security Forces Squadron guards at the Bitburg Annex gate cannot issue visitor passes during duty hours. I was told that passes can only be issued by the Passbuero at Spangdahlem AB during the day.

This is an unnecessary and unfair inconvenience for Bitburg Annex housing residents. If I have a visitor from 7:30 a.m. to 3.30 p.m., I have to drive with that visitor all the way to Spangdahlem AB and back just to get a pass. However, if you are a Spangdahlem housing resident you can sign in visitors either at the Passbüro or the gate 24/7.

Bitburg Annex housing residents should have the same privileges as Spangdahlem AB housing residents when it comes to signing in visitors.

nswer: Thank you for bringing this to my attention, and for your concern for Team Eifel visitors.

Certainly our intent is to ensure to the greatest extent possible that visitors to both Spangdahlem AB and Bitburg Annex have a positive experience. I have asked our security forces to re-evaluate the manpower issues behind your concern, and I'm happy to say they'll start issuing passes immediately to Bitburg Annex visitors.

Members with guests should use the new Bitburg Annex main gate, pull to the far right lane, and contact gate personnel with their pass request.

Contractors with deliveries, of course, will still need to go to the Passbuero at Spangdahlem AB.

Again, thank you for your concern, and I'm glad we could improve this issue for future visi-

Movies

The following movie listings are for Feb. 27-March 4. Times and movies are subject to change. For the most current information, call 452-9441 or 06565-61-9441. Movie synopses are available at www.aafes.com/ems/ default.asp.

Bitburg Castle

Today

Chasing Liberty (PG-13, 7 p.m.)

The daughter of the President ditches her Secret Service detail and sets out across Europe with her boyfriend.

Saturday

The Haunted Mansion (PG, 4 p.m.)

Real estate agent Jim and his family visit an old mansion and are stranded there with ghosts.

Chasing Liberty (7 p.m.)

Sunday

Love Don't Cost a Thing (PG-13, 7 p.m.)

A brilliant, but awkward teenager seizes a golden opportunity when a popular cheerleader wrecks her parents' car and is strapped for cash.

Closed Monday and Tuesday

Wednesday

Honey (PG-13, 7 p.m.)

An up-and-coming choreographer moves to the innercity to start a dance school.

Thursday

Chasing Liberty (7 p.m.)

Spangdahlem Skyline

Today

Torque (PG-13, 7 p.m.)

A motorcycle racer is framed for murder, and the most notorious biker gang and the FBI are after him.

The Last Samurai (R, 10 p.m.)

A 19th-century American military officer travels to Japan to help organize and teach the emperor's troops during a time of feudal conflict on the island.

Saturday

Stuck on You (PG-13, 7 p.m.)

Conjoined twins are cast on a television starring Cher, who's bummed about being relegated to TV until the

Torque (10 p.m.)

Sunday

Torque (7 p.m.)

Monday

The Last Samurai (7 p.m.)

Tuesday

Stuck on You (7 p.m.)

Closed Wednesday and Thursday



1st Lt. Gerardo Gonzalez

Fasching frivolities

Above, Airman Zachary Pruitt, 52nd Component Maintenance Squadron aircraft information systems journeyman, celebrates Ladies Day, the first day of Fasching celebrations, with Bitburg residents outside the city's rathaus Feb. 19. Lower left, from left to right, Susan Kerns, Lynne Dillingham, Rebecca Johnson, Eifel region Department of Defense Dependent Schools, and Tom Spangler, Army and Air Force Exchange Service, march in the Bitburg Fasching parade with 32 other members of the Hot Potato Queens float Sunday. It was the group's fourth entry in the parade that was started by Bitburg Elementary School teachers in response to the then, best selling book, "The Sweet Potato Queens Book of Love," by Jill Conner Browne. The idea for dressing as queens, and the men as lances, is that instead of waiting for someone to name deserving individuals as homecoming queen, Miss Universe, or Corn Queen, women should crown themselves queen, said Elizabeth Rowe, BES teacher. Lower right, Donna McCoy and Jeanine Eshpeter, Eifel DoDDS, say "Auf Wiedersehen" to parade watchers as the Hot Potato Queens float passes by them.





Wittlich seeks new poster ideas for annual Pig Burners Festival

52nd Fighter Wing Public Affairs Office

The Wittlich pig festival that takes place in late August is one of the largest annual street festivals in the Rheinland-Pfalz region. This year, event officials seek a new festival logo and everyone is invited to submit their artistic ideas.

Officials are looking for a design featuring the town's colors, red and white, and the symbol of pigs hanging over a pit. The town of Wittlich must be recognizable on the poster with either a historical building, the town's symbol, or a significant landscape design.

Poster text must be short and in German. Americans interested in submitting their poster ideas can request language translation assistance from Bernhard Schaefer or Connie Pitsch of the 52nd Fighter Wing Community Relations Office at 452-

All designs must be submitted in either DIN A3 or A4 format, in both black and white and in color. Submit data as printready in electronic format to the Wittlich city administration office by March 11. The e-mail address is available on the city Website at www.wittlich.de, from Tanja Winter at 06571-146622 or e-mail tanja.winter@kulturamt.wittlich.de, or Elisabeth Friedrich at 06571-17102 or e-mail elisabeth.friedrich@stadt.wittlich.de.



Courtesy of city of Wittlich

The Wittlich Pig Burners Festival poster used for the past years features the key elements required for the new poster, such as the colors red and white, the symbol of pigs cooking over a spit and an artistic rendition of the town.

Prizes for winning ideas are 1,200 euro for the first place, 600 euro for second place and 400 euro for third. The judges panel is made up of local town representatives from Wittlich and the Wittlich area. "Viel Glueck" to all who enter!

Lady Barons defend, secure Div II four-year title

Powerhouse center Parker scores big in final tourney, Duperval, Winters defense keeps Vilseck on losing end

By Coach Denny Lemmon Bitburg High School basketball

The Lady Barons defeated Vilseck 43-28 in defense of its Division II European basketball title. It was the fourth title in a row for the Lady Barons.

Forty-two basketball teams from all over Europe traveled to Mannheim, Germany, with high hopes of becoming the champions. The tournament features three separate champions in each of the three divisions. The Bitburg team competed in the Division II, which consists of mid-sized schools.

The Eifel squad with an 11-3 season record was seeded No. 2 behind the Hanau Panthers with a 13-1 record. The tournament included two pools of four with the top two teams in each pool advancing to the semifinals: No. 1 Hanau, No. 4 AFNORTH, No. 5 Mannheim and No. 8 Shape made up the teams in pool A. No. 2 Bitburg, No. 3 Vilseck, No. 6 Patch and No. 7 Black Forest Academy made up the teams in pool B.

Thursday morning, the Barons played the Vilseck squad, a team that they had lost to earlier in the season. The Lady Barons were primed and ready for their first opponent. The strength of the Vilseck squad came from their two outstanding guards La Porchea Sanders and Paige Nicoson. Melodie Duperval and Erica Winters had the difficult assignment to control the two high scoring guards.

Leading at the half by only two the Lady Barons outscored their opponents 16-5 in the third quarter. Strong team defense and the offensive strength of Nadia Parker, Carletta Hernandez and Chelsea Gavagan gave the Lady Barons a hard fought 49-41 victory.

The team couldn't rest for long as they had to prepare for their next physical challenge -- the Patch Panthers. A victory over Patch would give them an automatic berth into the semifinal round.

The Barons used a stifling half-court press to confuse the Panthers. The confusion caused many turnovers and some quick easy points on their transition game and the team from the Eifel found themselves ahead 23-9 after the first quarter. The second team found plenty of playing time throughout this game as the Lady Barons went on to a comfortable 57-26 victory.

Bitburg's ladies took on Black Forest Academy Friday morning. After winning their first two games the third game of pool play really meant nothing. No matter what the outcome

Three cheers for BHS Cheerleaders!

The Bitburg High School Cheerleading Squad won the Division II European Championship title for the fourth consecutive year and the Spirit Award under the direction of Hope Matthews and Becky Briley. Senior Captains Jordan Matthews, and Eileen Hess, and sopho-mores Dyran Strong and Kathleen Waner were selected for the All-Tournament cheer team.



would be the Barons would still be the number one seeded team out of pool B.

The Lady Barons still came to play and dominated the action. Defense was devastating as it held Black Forest to just ten points winning the game 39-10. Freshman Rebecca Wepner was the second leading scorer for the Barons in this game with ten behind the 18 points of Parker.

Friday evening, the team faced a rematch with the AFNORTH Lions. Earlier in the year the Barons had quite a disappointing loss by the claws of the Lions in the Lion's Den at AFNORTH. The winner of this semifinal match would play the winner of the Hanau-Vilseck game in the finals.

In the first quarter, both teams failed to generate much

offense. The Barons led 13-10. In the second quarter the Lady Barons picked up the speed in their transition game and busted the nets for 17 point while holding their opponents to just 8. Parker got 15 of her game high 30 points in that crucial second quarter.

Leading 30-18 the Lady Barons never let up and outscored the Lions 14-4 to take a 44-22 lead going into the final quarter. The Barons coasted on in for a very satisfying 55-33 victory. Parker had another dominating performance, pulling down 18 rebounds, 5 blocked shots and three steals. Hernandez had 14 points and 12 rebounds, while Duperval added seven and once again led the team with assist dishing out five.

The Lady Barons made it to the final game for the fourth year in a row. After winning four games in two days they only had to win one more game Saturday against the Vilseck Falcons. The Falcons surprised the No. 1 seeded team, the Hanau Panthers, with a 62-60 victory in double overtime.

In the first four minutes of play Saturday, each team got off a slow start offensively, but then the Lady Barons cracked it open with some great passes inside to Parker. Bitburg's star center scored 11 of her game high 28 points in the first quarter. Leading 23-15 at the half, the Barons didn't let up and once again outscored their opponents 12-2 in the crucial third quarter.

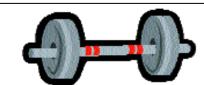
With only eight minutes to go, the Barons led 35-19. The Lady Barons were excited, but knew that the Vilseck team with their two high-guards could break loose with the long three pointers. Duperval and Winters managed to keep Vilseck under control for the first three-quarters and they continue to do their job for another eight minutes. Sanders was held to 11 points and Nicoson was held to just four points. The Lady Barons won the championship 44-28.

It was a great defensive effort not only by Duperval and Winters but by the entire team. Parker once again proved to be a dominating force on the court, scoring 28 points and pulling down 19 rebounds. Point guard Winters got the fast break moving, started the offensive plays and added six points in that final game. Duperval was a key in the quick transition game and superb in getting the balls into Parker for easy shots. Hernandez was always a threat on offense; she scored six and pulled down 9 rebounds. Senior Captain Gavagan, who has been with the team for the past four years, was instrumental in keeping the team together.

The second team of Monica Bintz, Alexandra Bintz, Rebecca Wepner, Daniya Nixon, Andrea Drake and Nichole Griep all played major roles in the success the Barons had this year. The managerial staff of Krystle Vasquez, Joanna Booth and Amber Zgonina did an excellent job throughout the season.

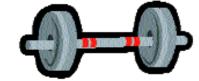
Parker and Hernandez were selected on the All-Conference and the All-Tournament teams. Parker received the Most Valuable Player of the tournament award for a second year.





Sports Shorts

Submit "Sports Shorts" advertisements 10 days before the desired publication date to publicity@spangdahlem.af.mil





Hiking around Speicher

Hikers meet at Speicher Rathaus Sunday, March 14 and 28, and April 12 at 1:30 p.m. for day hikes. Trips take about three hours and are accompanied by a qualified guide. The hike is free of charge and the groups stop for refreshments at local taverns and restaurants along the way. For more information or an annual schedule, e-mail Peter Lundgren at plundgren@email.uophx.edu.

Youth sports registration

Eifel Youth Programs sports registration takes place now through March 26. Activities include t-ball, coach pitch, Little League and Junior League baseball and girl's and women's softball. Cost is \$30 without Parent's Association Youth Sports program registration, \$25 with PAYS certification. There are 380 slots available for ages 5-15. Uniforms are provided by the youth center. Call 452-7545 for details.

Salzburg volksmarch

The Eifel Wanderers attend the Berchtesgaden volksmarch in Salzburg, Austria, March 20-21. Cost is 125 euro for adults, 60 euro for children. Registration deadline is March 5. E-mail amillwill@yahoo.com for more information or to register.

Free bowling

Team Eifel members get a free game of bowling with the purchase of any Strikes Grill meal. The Strike Grill is located in the Eifel Lanes Bowling Center. Call 452-6217 for more information.

Rugby players wanted

The Spangdahlem-Trier rugby team seeks players for both the men's and female's teams. No experience is necessary. Practice takes place on the softball field behind the Spangdahlem AB Chapel each Tuesday at

7:30 p.m. For more information call Staff Sgt. Rob Palmer at 452-5654 or e-mail 52svs.rugby@spangdahlem.af.mil.

Wall climbing classes

Free belay certification classes take place each Tuesday from 5-8 p.m. in the base fitness center. Call 452-6496 for more information.

Golf course hours

Eifel Mountain Golf Course is open for play Monday-Friday from 7 a.m. to 1:30 p.m. and weekends from 9 a.m. to 2:30 p.m. Call the Pro Shop at 452-6821 for details.

ODR trips and classes

Register for the following 52nd Services Squadron Outdoor Recreation trips and classes by visiting the center in Spangdahlem AB building 146. For more information on trip availability or to register, call 452-7176.

- Black Forest ski trip, March 5-6. Cost is \$250 for double-rooms only. Cost for children occupying beds with their parents is \$125.
- Baltic Sea fishing, March 13-14. Cost is \$105 with equipment rental, \$95 without.
- Swiss ski trip, March 19-21. Cost is \$265 for a dorm room, \$340 for a double room. Children under 12 cost 25 percent less.
 - Intro to SCUBA, March 24. Cost is \$35.

Family fitness hours

Both fitness centers are open for family members ages 9 and older Monday-Friday from 8-10 a.m., 1-3 p.m. and 6-8 p.m., and weekends and holidays from 10 a.m. to 5 p.m. Certified staff members can help children get started on a customized fitness program. Call the center at 452-6634 for details.